



KarenRobertsCoaching

Terms & Conditions

These terms and conditions signify the rules and regulations for the use of Karen Roberts Coaching Ltd. For these terms, reference shall be made to **"we" "us" "our" "website" "instructor" "program"** or any similar word shall be referenced to **Karen Roberts Coaching Ltd.** while **"you" "trainee" "client"** shall be the **user** of our services.

Karen Roberts Coaching Ltd. runs a ketogenic diet and intermittent fasting online group coaching program for maximum weight loss. We help people to lose weight by combining mindset training, nutrition (the ketogenic diet, and intermittent fasting) and exercise through educational videos and coaching program.

We are not a medical advisor, and the information we provide on our website does not substitute for professional medical judgment, advice, diagnosis, or treatment.

We assumed that by using this service, i.e., by registering, downloading our ebooks and videos, and taking our coaching classes, you unconditionally accept these terms and agree to be

bound by and act by them. You also accept and agree that you are solely responsible for understanding and complying with all laws, rules, regulations, and requirements of the jurisdiction in which you live that may apply to your use of the website.

You also agree that you have no health-related issues that may hinder you from partaking in this coaching program. You are advised to seek medical advice to ascertain your fitness for this program.

TRAINEES AGREEMENT

- Trainees subscribing to Karen Roberts Coaching Ltd. must agree that they are at least 18 years of age and must agree to the terms and conditions applied to this website
- Trainees are not allowed to share, copy or transfer product purchased to another person as this might be detrimental to them
- Trainees must agree to buy any of the available package/plans once they subscribe to the program
- Trainees must admit that the online training program is a voluntary activity and must be medically sound before subscribing to the program
- Trainees must agree to seek medical attention immediately they noticed ill health or significant injury while undergoing the program

- You agree that body make up differs from person to person in case the plan doesn't work for you
- You agree to strictly adhere to all rules needed for the success of your program
- You agree to be fit and free from any sickness before subscribing to our program
- You agree to refer people to our training program if it works for you
- You agree that this program is strictly for your personal use and you voluntarily subscribe to it
- You agree to provide recent and accurate health information as may be requested

REGISTRATION

You need to register first to enable us to have access to your health status before signing in for our program. You are responsible for the credentials you provide during the sign-in process.

PROGRAMS

At Karen Roberts Coaching Ltd., we offer different plans depending on the one you subscribe to. All these are listed on our website for you to select that which best suit you. All these programs are made available by Karen Roberts Coaching Ltd, and our trainers present the information.

WHO TAKES RESPONSIBILITY FOR THE INFORMATION PROVIDED ON KAREN ROBERTS COACHING LTD?

Karen Roberts and her team members make sure the best training and products are available to our trainees at all times. A schedule of programs is available on our website to make you aware of what that particular program entails.

We are not liable for any error or omission that might occur in the program you subscribed to or the product you purchased. You agree always to seek help or clarity as and when needed.

SUBSCRIPTION

You agree that Karen Roberts Coaching Ltd. operates on various social media platforms. You agree to subscribe to any of their pages at your convenience.

SERVICE AVAILABILITY

Karen Roberts Coaching Ltd. will make a schedule of her program to create adequate awareness. You agree to choose from the options provided at your availability.

At Karen Roberts Coaching Ltd., there are diverse events lined up, including books and videos you can go through at your time. You agree to select from these events the one that best suit you.

PRIVACY POLICY

Also, Karen Roberts Coaching Ltd respects your privacy, which is incorporated into these terms of use and forms part of our

agreement with you. You are at this moment advised reading more on "[privacy policy page](#)."

AMENDMENT OF TERMS

All users of Karen Roberts Coaching Ltd should endeavor to visit the website regularly in case of update/review. We will try as much as possible to notify her users.

LIMITED LIABILITY

The content on Karen Roberts Coaching Ltd is not a substitute for whatsoever diagnosis or medical advice. Neither is it a cure to any health issue(s) but an online personal trainer. Therefore, the content on this website should not be misinterpreted. The information provided on this website is from a reliable source. Karen Roberts Coaching Ltd cannot assure you of its effectiveness, timeliness nor result due to difference in the body system. We are not a nutritionist currently.

MEDICAL REPORT

By using Karen Roberts Coaching Ltd., you agree that your physician or medical care provider has given you go ahead (clearance) to subscribe to the ketogenic diet plans or intermittent fasting programs of Karen Roberts Coaching Ltd. You are assuring us that you are fit and free of any health complications.

RISKS

By using Karen Roberts Coaching Ltd., you agree that you are fully aware of the risks involved in subscribing to our product/service. You are aware that injury could occur during exercise and that your body system may react to the initial take of the ketogenic diet. Not too worry, all these are minimal and normal. After being aware of these risks and you choose to participate in them, you do so at your own will. Therefore, Karen Roberts Coaching Ltd. will not be responsible for any injuries, death, or health problems that may be experienced from using our program.

FORM

Any new client that wishes to subscribe to our program will need to fill out a health form. Also, anybody with type 2 diabetes will be referred back to their doctor.

EXPECTED RESULT

If the product/service of Karen Roberts Coaching Ltd is taken as recommended, a positive result is inevitable for the user. Also, the efforts and commitment of users will determine the outcome.

PROHIBITED ACTIVITY

All activities prohibited by the users of Karen Roberts Coaching Ltd should be strictly adhered to for positive results.

DISCLAIMER

Your access and use Karen Roberts Coaching Ltd at your sole risk as this service is provided to you on an "**as is**" and "**as available**" basis. You agree that you are responsible for your medical care, treatment, and oversight. All contents provided and shared on this website are solely for informational purposes and does not constitute the provision of medical advice. It is also not intended to be a substitute for independent professional medical judgment, counseling, diagnosis, or treatment.

It must be disclaimed that the use of online personal trainer is ineffective even when done as instructed. The testimonies of our customers are not claimed merely by mouth to increase our clients. They are real.

Karen Roberts Coaching Ltd is not a nutritionist/dietician but is a qualified autophagy nutritionist. We are presently undergoing training in ketogenic nutrition.

TERMINATION

If you are not satisfied with the purchase of our products/services or you are no longer interested in Karen Roberts Coaching Ltd, you can unsubscribe or notify our customer care service. Also, if there is a violation or breach in the terms and conditions of Karen Roberts Coaching Ltd, you will be banned from using our website.

CONTACT INFORMATION

For questions, comments, complaints or testimonies, feel free to contact Karen Roberts Coaching Ltd at any time via karen@karenrobertscoaching.com

Or +44(0)7710 590566

We will be pleased to hear from you.